

ARWell PRO Therapist User Guide

Log in to Augment Therapy Admin Portal:

1. Using a computer, go to www.augmenttherapy.com
2. Select the "Log in" link in the top navigation bar
3. Log in to the portal using your username and password

Access therapist QR code for app login:

1. In the Admin Portal select "Sign in Badge" in the upper corner of the page
2. Select the option to "Print Badge"

Note: To save your QR code to your phone, either save the badge as a PDF and email it to your phone, or take a photo of the badge and add it to your favorites folder for quick access.

Access patient QR code for app login:

In Admin Portal:

1. In the Admin Portal scroll down to your "Patient List"
2. Click the icon to the left of a patient name under the heading "Badge"
3. Select the option to "Print Badge"

In ARWell PRO app:

1. In the app, select "Admin" in the menu
2. Select the "Data Dashboard"

3. Locate a patient in your patient list and select the icon on the left side under “Badge”
4. Select the option to “Print Badge”

Note: To save your QR code to your phone, either save the badge as a PDF and email it to your phone, or take a photo of the badge and add it to your favorites folder for quick access.

Create a new patient:

In Admin Portal:

1. Login to the Admin Portal on your computer
2. Scroll down to the “Add New Patient” button and select it
3. Fill out the required information that is prompted, then select “Save”
The patient will now show in your patient list
4. To edit patient details select the pencil icon
5. To delete a patient select the trash can icon

In ARWell PRO app:

1. Login to the ARWell PRO app on your compatible device
2. Select “Create New Patient” on patient list screen
3. Fill out the required information that is prompted, then select “Save”
The patient will now show in your patient list
4. To edit patient details, login to the Admin Portal

Device setup instructions:

1. Set up your device 3 feet off of the ground using a tripod or stand

2. Connect your device to an external monitor or TV:

Utilize Airplay:

1. Swipe down from the upper-right corner of your screen to reveal the device's control center
2. Tap the Screen Mirroring button
3. Select your Apple TV or AirPlay 2-compatible smart TV from the list
4. If an AirPlay passcode appears on your TV screen, enter the passcode on your device

Note: The iOS device and Apple Airplay device must be on the same Wi-Fi network

Use an HDMI cable and adapter:

1. Plug one end of the adapter into your iOS device
2. Plug one end of the HDMI cable into the adapter and the other end of the HDMI cable into the TV or external monitor
3. Plug a charger into a wall outlet, and the other end into the adapter to charge your device
4. Select the appropriate HDMI input channel on your TV or external monitor to see the mirrored iPad screen

Push audio to device speakers:

1. After logging in to the ARWell PRO app, select settings in the lower left corner.
2. Select the "Audio/Directions" menu options in the left-hand bar
3. Toggle on "Force Audio to Device Speaker" and exit the settings menu
4. Adjust the volume using your device controls

Calibrate your device:

1. Have patient back up in your space until their entire body is shown on the device screen. Tilt/adjust your device as needed to fit.

Log in to ARWell PRO:

1. Open the ARWell PRO app on your device and press "Get Started"
2. Select "Scan Badge"
3. Hold your QR code badge up to the screen for it to be scanned
4. Select an exercise by tapping on an item in the menu, or select a program that you have built.

Note: *You can also sign in by typing using your username and password*

Create a program:

1. Log in to the ARWell PRO app and select the patient you are creating a program for
2. Select "Admin" in the left-hand menu
3. Select "Programs"
4. To create a program, select the exercises you want to add from the menu
5. Select the level of instruction, number of minutes, or number of repetitions for each of the exercises
6. To delete an exercise, select the "X" to the right of it
7. When finished creating the program, select "Save to My Programs" or "Assign to Patient"

8. To run a program immediately, press “Play”

Run a telehealth session:

1. Log in to the ARWell PRO app and select the patient you will be having a session with
2. Under the “Admin” menu section, select “Telehealth”
3. Wait for patient to connect on their end through their own device
4. Select an exercise or program from the menu for the patient

Hardware requirements:

1. Downloaded ARWell PRO app
2. Stable Wi-Fi connection
3. Compatible Device:

iPhone XR and XS (10) Series or newer

iPad 8th Generation

iPad 9th Generation

iPad 10th Generation

iPad Pro 11 (2019, 2020, 2021, 2022)

iPad Pro 12 (2020, 2021, 2022)

iPad Air 4th Gen

iPad Air 5th Gen

Thank you for using ARWell PRO!

We value your feedback and consider you an important piece in building better software. Please share your thoughts with us along the way!

If you have any difficulties, please don't hesitate to contact us at support@augmenttherapy.com at any time.