

ARWell Windows User Guide

Device setup instructions:

1. Set up your device 3 feet off of the ground using a tripod or stand

Log in to ARWell:

1. Download the ARWell app on your device
2. Open the app and press "Play"
3. Tap the left and right arrow buttons to change your game trainer and select the game or exercise program you wish to play

Calibrate your device:

1. Back up in your space until your entire body is shown on your device screen. Tilt/adjust your device as needed to fit

Hardware requirements:

1. Downloaded ARWell app
2. Stable Wi-Fi connection

Thank you for using ARWell!

We value your feedback and consider you an important piece in building better software. Please share your thoughts with us along the way!

If you have any difficulties, please don't hesitate to contact us at support@augmenttherapy.com at any time.