ARWell PRO
Setup Instructions
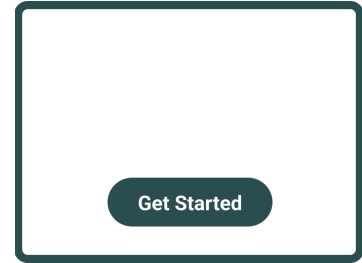
1. Connect to Wi-Fi

Open "Settings" on your device and tap "Wi-Fi". Select and connect to your Wi-Fi network

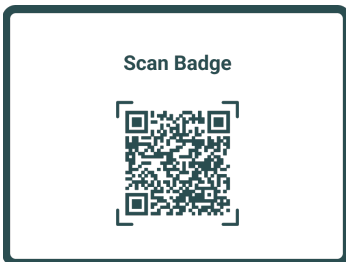## 2. Set up your device

Connect your device to a charger. Prop up device in landscape mode using stand

3. Launch ARWellPRO

Get Started

Open the ARWell PRO app on your device and tap the "Get Started" button
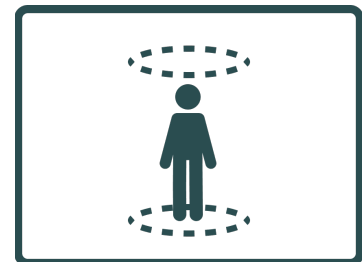
4. Scan your QR code

Scan Badge

Tap "Scan Badge" on your log-in screen, hold your QR Code up to device camera to be scanned

5. Language options

To change spoken language, select the settings menu and navigate to "Audio/Directions"

6. Calibrate your device

Back up in your space until your entire body is on screen. Tilt/ adjust device as needed to fit.

7. Complete your assigned program

The program your therapist has created for you will begin and proceed through each assigned exercise automatically.